

time and strength over such work as scrubbing floors, cleaning grates, &c. But at the same time, Nurses will be expected to make their own beds, to brush their mattresses once a week, and carbolise once a fortnight, and dust their rooms each day, except on the day when they will be thoroughly cleaned by the servants.

The Night Nurses will count all Ward linen before it is sent to the laundry; the servants will count all the house linen, and each Nurse will sort and make a list of her own. All lists will be copied by the housekeeper into the Hospital laundry book.

Nurses, Probationers, and servants must be in bed and lights out by 10.30.

During the summer and autumn months, when there are fewer cases in the Hospital, each Nurse will have a holiday, Probationers going for three weeks, the Nurses and Head Nurses for a month. Holidays will not be divided when it is possible to avoid it; but if a Nurse cannot be spared for a month, she will have not less than a fortnight at a time. A Probationer's holidays will not be divided.

### NURSING ECHOES.

\*.\* All communications must be duly authenticated with name and address, not for publication, but as evidence of good faith.

I AM very pleased, though of course not surprised, to hear of the rapid and complete success of the Home of Rest at Brighton. Many of my readers will doubtless remember the fury with which the *Hospital* opposed the idea, and the multitude of spiteful anonymous letters which emanated from the anti-Association clique. However, the following letter, signed by the Duchess of Abercorn, Lady Audrey Buller, and Lady Jeune, which appeared in several of our contemporaries last week, is about as satisfactory a proof of the need for, and the success of, the Home, and about as crushing an answer to the contrary statements, as could be well imagined:—

Sir,—Will you permit us to draw the attention of your readers to the Home of Rest for Nurses at Brighton, founded and recently opened by her Royal Highness Princess Christian? The want of such a Home to afford tired Nurses opportunities for rest and change of air, at a cost within their means, has long been felt. The freehold of the house has been purchased, and the front part of it furnished, but the Committee has not felt justified in further trenching upon the



small capital of the fund in order to furnish the remaining rooms. A week after the Home was opened, it was full, and is so now, while every day applications for admission have perforce to be refused. Ten Nurses have thus been disappointed in the last week, and yet the Home has empty rooms waiting to be utilised, and each of which could afford the greatest benefit to many tired workers during these summer months. The Committee is confident that sufficient annual subscriptions and donations will be received to defray the current expenses; but £300 more is required to completely cover the cost of the furnishing of the Home, and towards this £80 has been promised. Will your readers help the Committee to make these empty rooms available at once? Any further information can be obtained from, and all subscriptions will be gratefully received and acknowledged by, the Hon. Secretary, Mrs. Bedford Fenwick, 29, Upper Wimpole Street.—Yours, &c.,

MARY A. ABERCORN.

AUDREY BULLER.

MARY JEUNE.

June 19.

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I HEAR that the question of the Badge having been settled in the affirmative, the Committee of the Royal British Nurses' Association have with characteristic promptitude decided upon a very pretty design in the form of the Hospital, or Maltese, Cross, and that at the next meeting of the General Council the regulations for the bestowal and wearing of the Badge will be brought forward for consideration. By the mass of correspondence which Mr. Editor has received on the subject, I know there is a very widespread wish for the Badge, and I cannot but think that its adoption will have a great moral effect upon the wearers of it, as well as very beneficial results to the Association. For one thing, it will give many provincial Nurses what I know they have long wanted, a tangible evidence of connection with the Association. And in India and the Colonies I am sure the effect will be very considerable in leading to a great increase of membership, and in interest in the affairs of the Association.

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MISS MARION MOWBRAY, the winner of the Twenty-first Post-card Examination Competition, has chosen for her prize "The Children of Westminster Abbey," which has been duly forwarded to her, together with a Certificate.

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THE annual meeting of the After-Care Association for Poor and Friendless Female Convalescents on Leaving Asylums for the Insane (I always have to take a long breath after pronouncing this title), was held at 83, Lancaster Gate, W. In the absence of the Earl of Meath, the chair was taken by the Hon. Dudley Fortescue. The report showed good progress during the past twelve months, and a paper was read by Dr. Henry Rayner, on "After-Care of Men." Much interest was shown in the proceedings.

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